| Parental and Stud<br>For Middle School Level<br>8 participating in c   | Physical Examination Fo   | , Kenlucky High<br>ades 5-<br>3)<br>nust be completed b | School Athletic Association<br>2280 Executive Drive<br>Lexington, Kenlucky 40505 |  |  |  |  |  |
|--|---|---|--|--|--|--|--|--|
| Name (Last, First, Initial)  |   | School<br>Year  |  |  |  |  |  |  |
| Home Address (Street, City, State, Zip):   |   |   | <u> </u>   |  |  |  |  |  |
| Gender Grade   | School  |   |  |  |  |  |  |  |
| Date of Birth:   | Birth Place (County, Stat   | e):   |  |  |  |  |  |  |
| I am planning to participate in the following (check    Baseball  Basketball    Cross Country    Softball  Swimming    Archery  Bass Fishing | all you might try to play):<br>Football<br>Track and Field<br>Competitive Cheer |   | Soccer<br>Wrestling  |  |  |  |  |  |
|  |   | , ,, , ,  |  |  |  |  |  |  |
| Protein  |   |   |  |  |  |  |  |  |
| <u> </u>   |   |   |  |  |  |  |  |  |
|  |   | © Kenlucky High Scho                                    | ol Alhletic Association, 2013  |  |  |  |  |  |

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## PART III - PHYSICAL EXAMINATION

This part must be completed per KRS 156.070 (2)(d) and be signed by a physician, physician assistant, advanced practice registered nurse, or chiropractor (if performed within the chiropractor's scope of practice). PATIENT NAME:

|   | HEIGHT                                   |   | WEIGHT | BP                                     | / PULSE                                   |
|---|--|---|--------|--|---|
|   | VISION                                   | l: R- 20/                               | L- 20/ |  | CORRECTED? Y N                            |
|   |  | Nor                                     | mal    | Abnormal                               | Comment                                   |
| HEART   |  | s                                       | _      |  |   |
| Rhythm (Regular/Irregu  | ular) 🧧                                  | 1                                       |        |  |   |
| Murmur (supine)   |  |   |        |  |   |
| Murmur (standing)   | e  |   |        |  |   |
| ENT   | · · ·                                    |   |        |  |   |
| Lungs   | ,  |   |        |  |   |
| Skin  | 1  |   |        |  |   |
| Abdominal   |  |   |        |  |   |
| Genitalia   | ŝ.                                       |   |        |  |   |
| Musculoskeletal   | -1                                       | •                                       |        | ······································ |   |
| Neck  | :  |   |        |  |   |
| Shoulder  |  | ÷                                       |        |  |   |
| Elbow   |  | •                                       |        |  |   |
| Wrist   | ٦-                                       | :                                       |        |  |   |
| Hand  |  |   |        |  |   |
| Back  |  |   |        |  |   |
| Knee  |  |   |        |  |   |
| Ankle   | ų.                                       |   |        |  |   |
| Foot  |  | -                                       |        |  |   |
| Dental  |  |   |        |  |   |
| Other   |  |   |        |  |   |
| participation in athletics<br>1. Cleared<br>2. Cleared after addition<br>3. Restricted from partia<br>4. Cleared only to partia | nal evalua<br>cipating ir<br>cipate in t | ation for _<br>in the spor<br>he sports | ts of  |  | , I make the following recommendations on |
| Recommendations/Restriction (attach additional if necessary)  |  |   |        |  |   |

I have examined the physical condition of the student and find the said student to be physically fit to practice for and participate in interscholastic athletic contests.

|                      | ۰.<br>۱  | Provider's Name (please print) |  |
|----------------------|----------|--------------------------------|--|
| Authorized Signature | <u>.</u> | Address:                       |  |
|                      |          | City/State/Zip                 |  |
| Date:                | 1        | Phone                          |  |

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